## The Manner in which the Slaves are [procured](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#procure).

[Slaves captured inland and sold at “fairs” on the coast](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1045)After permission has been obtained for breaking trade, as it is termed, [the captains go ashore, from time to time, to examine the negroes that are exposed to sale](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1046), and to make their purchases. The unhappy wretches thus disposed of, are [bought by the black traders at fairs, which are held for that purpose](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1047), at the distance of upwards of two hundred miles from the sea coast; and these fairs are said to be supplied from an interior part of the country. Many negroes, upon being questioned relative to the places of their [nativity](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#nativity) have asserted, that they have travelled during the revolution of several moons, (their usual method of calculating time) before they have reached the places where they were purchased by the black traders. At these fairs, which are held at uncertain periods, but generally every six weeks, several thousands are frequently exposed to sale, who had been collected from all parts of the country for a very considerable distance round. While I was upon the coast, during one of the voyages I made, the black traders brought down, in different canoes, from twelve to fifteen hundred negroes, which had been purchased at one fair. They consisted chiefly of men and boys, the women seldom exceeding a third of the whole number. From forty to two hundred negroes are generally purchased at a time by the black traders, according to the [opulence](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#opulence) of the buyer, and consist of those of all ages, from a month, to sixty years and upwards. No one exempt from being enslavedScare any age or situation is deemed an exception, the price being proportionable. Women sometimes form a part of them, who happen to be so far advanced in their pregnancy, as to be delivered during their journey from the fairs to the coast; and I have frequently seen instances of the deliveries on board ship. The slaves purchased at these fairs are only for the supply of the markets at Bonny, and Old and New Calabar.

Kidnapping of slaves[There is great reason to believe, that most of the negroes shipped off from the coast of Africa, are kidnapped.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1048) But the extreme care taken by the black traders to prevent the Europeans from gaining any intelligence of their modes of proceeding; the great distance inland from whence the negroes are brought; and our ignorance of their language, (with which, very frequently, the black traders themselves are equally unacquainted) prevent our obtaining such information on this head as we could wish.…

While I was in employ on board one of the slave ships, a negroe informed me, that being one evening invited to drink with some of the black traders, up on his going away, they attempted to seize him. As he was very active, he evaded their design, and got out of their hands. He was however prevented from effecting his escape by a large dog, which laid hold of him, and compelled him to submit. These creatures are kept by many of the traders for that purpose; and being trained to the inhuman sport, they appear to be much pleased with it.…

It frequently happens, that those who kidnap others, are themselves, in their turns, seized and sold. A negroe in the West Indies informed me, that after having been employed in kidnapping others, he had experienced this reverse. And he assured me, that it was a common incident among his countrymen.

Conflict among African peoples over the slave trade[Continual enmity is thus fostered among the negroes of Africa, and all social intercourse between them is destroyed; which most assuredly would not be the case, had they not these opportunities of finding a ready sale for each other.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1049)…

How slaves were sold to EuropeansWhen the negroes, whom the black traders have to dispose of, are shewn to the European purchasers, they first examine them relative to their age. They then [minutely](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#minutely) inspect their persons, and inquire into the state of their health; if they are afflicted with any infirmity, or are deformed, or have bad eyes or teeth; if they are lame, or weak in the joints, or distorted in the back, or of a slender make, or are narrow in the chest; in short, if they have been, or are afflicted in any manner, so as to render them incapable of much labour; if any of the foregoing defects are discovered in them, they are rejected. [But if approved of, they are generally taken on board the ship the same evening.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1050) The purchaser has liberty to return on the following morning, but not afterwards, such as upon re-examination are found exceptionable.

Rejected slaves beaten or killedThe traders frequently beat those negroes which are objected to by the captains, and use them with great severity. It matters not whether they are refused on account of age, illness, deformity, or for any other reason. At New Calabar, in particular, the traders have frequently been known to put them to death. Instances have happened at that place, that the traders, when any of their negroes have been objected to, have dropped their canoes under the stern of the vessel, and instantly beheaded them, in sight of the captain.

## Treatment of the Slaves.

The man negroes, on being brought aboard the ship, are immediately fastened together, two and two, by hand-cuffs on their wrists, and by irons rivetted on their legs. They are then sent down between the decks, and placed in an apartment partitioned off for that purpose. The women likewise are placed in a separate apartment between decks, but without being ironed. And an adjoining room, on the same deck, is besides appointed for the boys. [Thus are they all placed in different apartments.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1051)

Crowded conditions on slave shipsBut at the same time, they are infrequently stowed so close, as to admit of no other posture than lying on their sides. Neither will the height between decks, unless directly under the grating, permit them the indulgence of an erect posture; especially where there are platforms, which is generally the case. These platforms are a kind of shelf, about eight or nine feet in breadth, extending from the side of the ship towards the centre. They are placed nearly midway between the decks, at the distance of two or three feet from each deck. [Upon these the negroes are stowed in the same manner as they are on the deck underneath.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1052)

Accumulation of human wasteIn each of the apartments are placed three or four large buckets, of a conical form, being near two feet in diameter at the bottom, and only one foot at the top, and in depth about twenty-eight inches, [to which, when necessary, the negroes have recourse](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1053). It often happens, that those who are placed at a distance from the buckets, in [endeavouring](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#endeavor) to get to them, tumble over their companions in consequence of their being shackled. These accidents, although unavoidable, are productive of continual quarrels, in which some of them are always bruised. In this distressed situation, unable to proceed, and prevented from getting to the tubs, they desist from the attempt; and as the necessities of nature are not to be repelled, ease themselves as they lie. This becomes a fresh source of broils and disturbances and tends to render the condition of the poor captive wretches still more uncomfortable. The nuisance arising from these circumstances is not infrequently increased by the tubs being much too small for the purpose intended, and their being usually emptied but once every day. The rule for doing this, however, varies in different ships, according to the attention paid to the health and convenience of the slaves by the captain.

Opportunities for fresh air[About eight o’clock in the morning the negroes are generally brought upon deck.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1054) Their irons being examined, a long chain, which is locked to a ring-bolt, is run through the rings of the shackles of the men, and then locked to another ring-bolt, fixed also in the deck. By this means fifty or sixty, and sometimes more, are fastened to one chain, in order to prevent them from rising, or endeavouring to escape. If the weather proves favourable, they are permitted to remain in that situation till four or five in the afternoon, when they are disengaged from the chain, and sent down.…

Food and waterThey are commonly fed twice a day, about eight o’clock in the morning and four in the afternoon. [On most ships they are only fed with their own food once a day.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1055) Their food is served up to them in tubs, about the size of a small water bucket. They are placed round these tubs in companies of ten to each tub, out of which they feed themselves with wooden spoons. These they soon lose, and when they are not allowed others, they feed themselves with their hands. In favourable weather they are fed upon deck, but in bad weather their food is given them below. Numberless quarrels take place among them during their meals; more especially when they are put upon short allowance, which frequently happens, if the passage from the coast of Guinea to the West-India islands, proves of unusual length. In that case the weak are obliged to be content with a very scanty portion. Their allowance of water is about half a pint each at every meal. It is handed round in a bucket, and given to each negroe in a pannekin; a small utensil with a strait handle, somewhat similar to a sauce-boat. However, when the ships approach the islands with a favourable breeze, they are no longer restricted.

Threats to those refusing to eatUpon the negroes refusing to take [sustenance](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#sustenance), I have seen coals of fire, glowing hot, put on a shovel, and placed so near their lips, as to scorch and burn them. And this has been accompanied with threats, of forcing them to swallow the coals, if they any longer persisted in refusing to eat. These means have generally had the desired effect. I have also been credibly informed, that [a certain captain in the slave trade, poured melted lead on such of the negroes as obstinately refused their food.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1056)

Forced exerciseExercise being deemed necessary for the preservation of their health, they are sometimes obliged to dance, when the weather will permit their coming on deck. If they go about it reluctantly, or do not move with agility, they are flogged; a person standing by them all the time with a cat-o’-nine-tails in his hand for that purpose. Their musick, upon these occasions, consists of a drum, sometimes with only one head; and when that is worn out, they do not scruple to make use of the bottom of one of the tubs before described. The poor wretches are frequently compelled to sing also; but when they do so, their songs are generally, as may naturally be expected, [melancholy](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#melancholy) [lamentations](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#lamentation) of their exile from their native country.…

Treatment of womenOn board some ships the common sailors are allowed to have intercourse with such of the black women whose consent they can procure. [And some of them have been known to take the inconstancy of their paramours so much to heart as to leap overboard and drown themselves.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1057) The officers are permitted to indulge their passions among them at pleasure and sometimes are guilty of such excesses as disgrace human nature.…

The hardships and inconveniences suffered by the negroes during the passage, are scarcely to be enumerated or conceived. They are far more violently affected by the sea-sickness, than the Europeans. [It frequently terminates in death, especially among the women.](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1058) But the exclusion of the fresh air is among the most intolerable.… The confined air, rendered noxious by the [effluvia](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#effluvia) exhaled from their bodies, and by being repeatedly breathed, soon produces fevers and [fluxes](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#flux), which generally carries off great numbers of them.

Lack of fresh air and widespread diseaseDuring the voyages I made, I was frequently a witness to the fatal effects of this exclusion of the fresh air. I will give one instance, as it serves to [convey](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#convey) some idea, though a very faint one, of the sufferings of those unhappy beings whom we wantonly drag from their native country, and doom to perpetual labour and captivity. Some wet and blowing weather having occasioned the [port](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#larboard)-holes to be shut, and the grating to be covered, fluxes and fevers among the negroes [ensued](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#ensue). While they were in this situation, I frequently went down among them, till at length their apartments became so extremely hot, as to be only sufferable for a very short time. But the excessive heat was not the only thing that rendered their situation intolerable. The deck, that is, the floor of their rooms, was so covered with the blood and mucus which had proceeded from them in consequence of the flux, that it resembled a slaughter-house. It is not in the power of the human imagination, to picture to itself a situation more dreadful or disgusting. Numbers of the slaves having fainted, they were carried upon deck, where several of them died, and the rest were, with great difficulty, restored. It had nearly proved fatal to me also. The climate was too warm to admit the wearing of any clothing but a shirt, and that I had pulled off before I went down; notwithstanding which, by only continuing among them for about a quarter of an hour, I was so overcome with the heat, stench, and foul air, that I had nearly fainted; and it was not without assistance, that I could get upon deck. The consequence was, that I soon after fell sick of the same disorder, from which I did not recover for several months.…

Frequent deathsThe surgeon, upon going between decks, in the morning, to examine the situation of the slaves, frequently finds several dead; and among the men, sometimes a dead and living negroe fastened by their irons together. When this is the case, they are brought upon the deck, and being laid on the grating, the living negroe is disengaged, and [the dead one thrown overboard](http://www.learnnc.org/lp/editions/nchist-colonial/1904#comment-1059).…

Attempts to escapeAs very few of the Negroes can so far brook the loss of their liberty and the hardships they endure, they are ever on the watch to take advantage of the least [negligence](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#negligence) in their oppressors. [Insurrections](http://www.learnnc.org/lp/editions/nchist-colonial/glossary#insurrection) are frequently the consequence; which are seldom expressed without much bloodshed. Sometimes these are successful and the whole ship’s company is cut off. They are likewise always ready to seize every opportunity for committing some acts of desperation to free themselves from their miserable state and notwithstanding the restraints which are laid, they often succeed.

**QUESTIONS TO CONSIDER**

Remember that Alexander Falconbridge, despite his later work as an abolitionist, was a member of the slave ship’s crew. As surgeon (the eighteenth-century term for a ship’s doctor), he was responsible for the health of the crew and the slaves. As you read, consider the tone of each part of the narrative.

1. What do we know about how Falconbridge felt about the slave trade?
2. Did all ships’ surgeons feel the same way?
3. Did the crew see slaves as passengers or as cargo? How can you tell?
4. What does this document tell us about the triangle trade in general?