Student Resource 1.1

Anticipation Guide: Health Careers Exploration

Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_

Welcome to the AOHS Health Careers Exploration course! Over the next few months you’ll learn a great deal about careers in the health care industry. You’ll also learn and practice real-life health care skills that you can use right away in an entry-level position, such as taking a patient’s vital signs, filling out a dental chart, and inserting codes into a patient’s medical record. You’ll find out what it’s like to work in different fields of health care, including nutrition, mental health, and dentistry, and learn about the education and training required for many different careers.

This is a hands-on course. That means you’ll not only learn facts and concepts but also have lots of opportunities to practice what you learn. You’ll meet and interview professionals in the field, who will give you a great chance to find out if you’d be interested in pursuing a career in health care. There is a huge range of options such as doctor, nurse, medical assistant, specialist, laboratory technician, research scientist, therapist, dental professional, patient advocate, privacy officer, health information technician, dietitian, health educator, medical illustrator, and EMT.

Directions: For each of the statements below, underline “I agree” if you think the statement is accurate or “I disagree” if you disagree with it. Write one reason to explain your guess.

|  |
| --- |
| It wasn't until the 20th century that people figured out that cleanliness improves the health of a population. |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |
| All health careers involve performing medical procedures on patients. |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |
| Public health workers focus on problems that affect the whole population, like the spread of disease or the rising obesity rates. |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |
| The government recommends that 50% of the food you eat should be fruits and vegetables. |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |
| All nursing careers require at least four years of school after graduating from high school. |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |
| **Treating issues such as drug and alcohol addiction is considered part of the field of mental health.** |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |
| Every health care worker is required by law to protect patient privacy. |
| My guess: | I agree I disagree |
| My reason: |  |
| I learned: |  |