**Intro to Healthcare Careers**

**Cultural Competency Worksheet**

1. What does the acronym CLAS stand for? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. The 2 basic concepts in CLAS are to:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ the whole individual and

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the individual’s needs and preferences.

3) Persons in the healthcare field should consider age, gender and life-cycle factors in interactions with individuals and families (e.g., high value placed on the decision of elders, the role of eldest male or female in families, or roles and expectation of children within the family).

Frequently Occasionally Rarely/ Never

1. Even though my professional or moral viewpoints may differ, I accept individuals and families as the ultimate decision makers for decisions that impact their lives.

Frequently Occasionally Rarely/ Never

1. The best way to work with people is to adopt a “color-blind” approach in which the differences between people and groups is not recognized.

TRUE FALSE

1. Cultural competence entails avoiding assigning labels or stereotypes to individuals.

TRUE FALSE

1. Ethnicity and race are the best indicators of culture.

TRUE FALSE

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From the Hmong speaker’s presentation, list 2 beliefs or practices in the Hmong culture that would be important for a healthcare provider to be aware of:

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_